

Take our "Got Subluxation" health test and discover if you may be a candidate for a spinal and neurological check-up!

If you answer "YES" to any of these questions, you may be a candidate for a Chiropractic Subluxation Check-Up.

**YES NO**

- Do you take pain relievers, antacid, tranquilizer, sinus or any other relief oriented medicine more than 2 times weekly?
- Have you ever been in an auto accident or taken a bad fall?
- Do you have neck or back pain more than 2 times monthly?
- Do you feel fatigued late in the day?
- Do you suffer from arthritis?
- Do you have chronic digestive problems?
- Have you had pain between the shoulder blades for more than a month?
- Do you suffer from headaches or migraines more than 2 times per month?
- Do you have chronic shoulder, hip, elbow or knee pain?
- Do you suffer from allergies, asthma or other breathing problems?
- Do you have insomnia or feel you don't sleep enough?
- Do you get a cold or flu more than 2 times per year?
- Do you feel you are a nervous or stressed-out person?
- Do you have high blood pressure, heart disease, ulcers, colitis, or other stress related disease?
- Do you get sick often?
- Do you experience stomach pain?
- Do you have frequent pain for an unknown cause, such as sciatica?
- Are your joints stiff or sore upon arising?
- Do your hands or feet tingle, ache, burn or feel numb at any time?
- Do any of your health problems affect your work or family life?

# CHIROPRACTIC

The World's Fastest Growing Health Care  
Chosen By Millions



**SAFE EFFECTIVE RESULTS**



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# discover chiropractic



**Hampton Family Chiropractic**

## “Every Function of the Human Body is Under The Direct Control of the Nervous System.”

Dorlands Medical Dictionary, 29th Edition, Page 4

Your **body** is a wonderful self regulating, self healing organism. Think about it! When you cut a finger or break a bone, it isn't the band-aid or the cast that does the healing. You were born with an infinite “Inner Wisdom” programmed for optimal health and healing and this inner wisdom is housed by your **nervous system**. Your nervous system acts as the messenger from your brain to every cell, tissue and organ in your body and back to the brain, sending billions of electrical impulses, back and forth, keeping your body in a state of optimal function and optimal health and healing. **Pain or symptoms** are simply the body's warning signals that something is terribly wrong. Since only 10% of your nervous system is dedicated towards pain, months and years of nervous system damage could occur before you realize that there is a problem. Much like high blood pressure, heart disease and cancer, you could have a state of malfunction and disease before you feel a symptom... often which can be fatal. **Medicine's** response is usually pain killers, anti-inflammatories, or muscle relaxants, which will mask the symptoms, often leaving the cause untouched and can lead to serious side effects or even death. Medical malpractice is the fifth leading cause of death in North America after heart disease, cancer, alcohol and smoking. **Imagine** the 24 moveable vertebrae of the spinal column which house and protect your nervous system. Traumas such as gravity, car accidents, sport injuries, poor posture... even the birth process can cause misalignments of your spinal vertebrae... called **Subluxations**, interrupting vital nerve flow, thus the body's “inner wisdom” and your health potential. If subluxations are left uncorrected, this could lead to spinal decay, (Subluxation Degeneration ) and years of unwanted health conditions. **Doctors of Chiropractic** are the only trained professionals to detect and correct spinal subluxations, greatly improving the body's ability to heal to its full potential.

## Listen To What Medical Establishment Says About Posture And Subluxations!

“Postural distortion is the beginning of disease.”

Hans Seyle, M.D.

“Head forward posture leads to decreased cervical curve causing stretching of the spinal cord, decreasing nerve flow to the cord and possible degeneration syndromes.”

Alf Brieg, M.D.

“Subluxation (spinal pressure) alone is a rational reason for Chiropractic care throughout a lifetime from birth.”

Lee Hadley, M.D.

“Interference to the nervous system results in permanent damage within a short period of time and therefore, Chiropractic care should begin at birth on a preventative basis.”

Dr. Arpad DeNagy, Rockefeller Institute

“Look well to the spine for the cause of disease.”

Hippocrates



## Listen To What Patients Say About Posture And Subluxations!

“For 17 years I had accepted pain as a part of my life. Today I am pain free-the migraines, eye soreness, severe muscle spasms, asthma, expensive drugs and limited motion are all gone. I now enjoy a quality of life I did not believe possible, due solely to the miracle of Chiropractic.”

John N.-Patient

“Thanks to Chiropractic, my headaches and fatigue are gone.”

Tessa H.-Patient

“Since adding Chiropractic to our lifestyle, we have not only eliminated many poor health problems, but have noticed a significant improvement in our ability to ward off illness. I know that I am doing everything to ensure the health of my family!”

Lisa B.-Patient

“I barely know where to start with all the things that I've had results with...my asthma has improved, I no longer have pain in my feet, I no longer fall down while walking. My whole family is amazed with the results and benefits of Chiropractic.”

Patricia C.-Patient

“Since I have been under Chiropractic care all my back pain, headaches, sinus and depression caused by the pain and exhaustion has gone away.”

Terry H.-Patient

Sadly, many people wait too long before they have their first spinal examination. Often decay of the spine is advanced, and damage to the nervous system has been ongoing for years or even decades. This often leads to pain and loss of vitality.

Happily, thousands of people experience wonderful changes to their health and well-being after starting chiropractic care. With your special health invitation you can find out how chiropractic helps millions live a healthier, pain free life. Your health invitation is for a complete, comprehensive, professional and thorough Spinal and Neurological check-up. There is no obligation to be under chiropractic care with this offer. Don't you owe it to yourself? CALL TODAY!